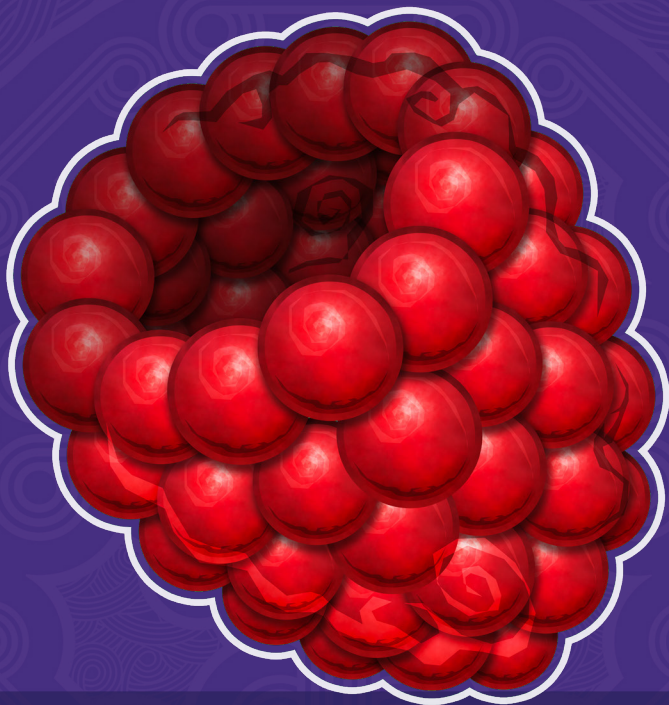




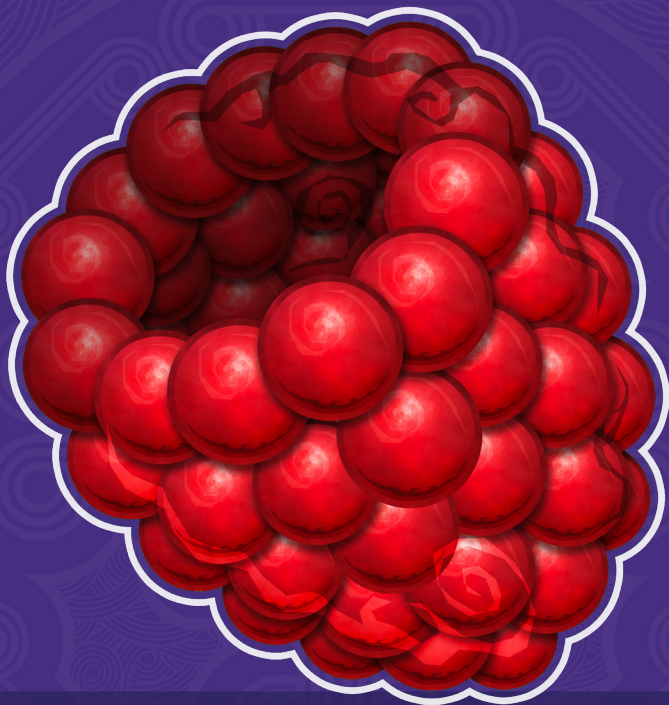
GARLIC



ATOFALAA' KOSOMA'



RASPBERRY



BISSA' HOMMA'



GREEN TEA



TII' OKCHÁMMA'LI'



HOT PEPPERS



НОММАНОММА'
НОМИ'



KIWI



TAKULO WOKSHO'



LEEKs



ATOFALAA'
AHOOVA'



AVOCADO



NIHI' ISHTO'



STRAWBERRY



BIYYO'KA'



SUGAR



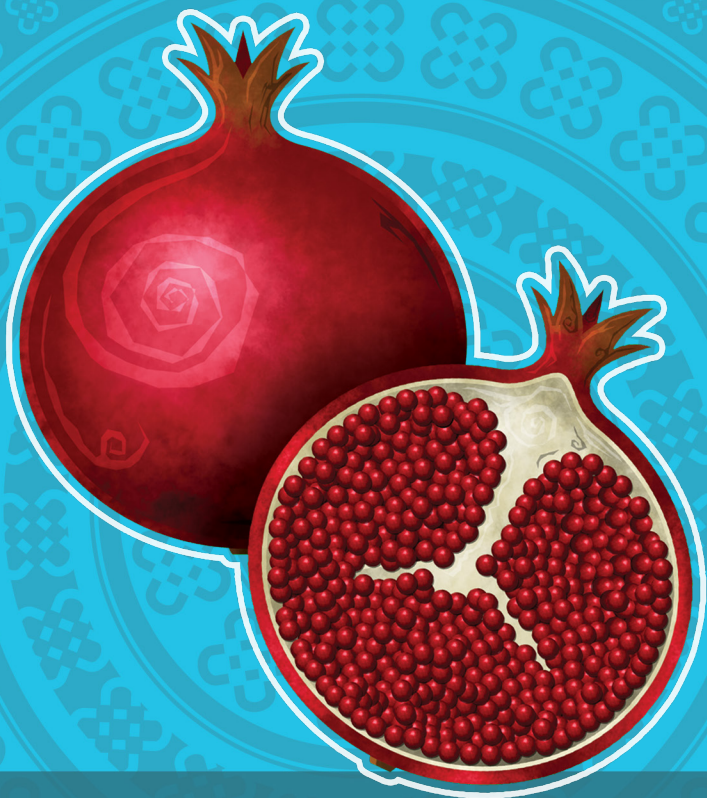
SHOOKOLA'



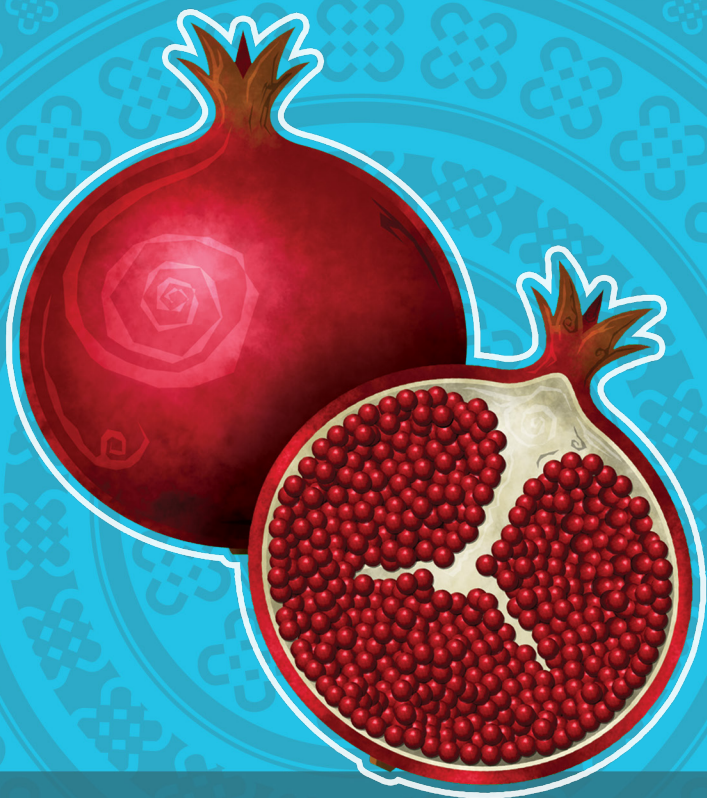
WALNUTS



HAYI



POMEGRANATE



**TAKOLO' NIHI'
SĀWA'SI'**



OLIVE OIL



AALIF NIHA'



SALMON



NANI'



CINNAMON



NAAHOMMA'
BILAMA'



HONEY



FOHI' BILA'



BLACKBERRY



BISSA'



BARLEY



ONOOOSH



BLUEBERRY



BISSA'
OKCHAMALI'



SOY



**HATTAK
ILA' IMBALA'**



SODIUM



HAPI'



FRESH



HIMONA



YOGURT



**PISHOKCHI'
SOTKO'**



NUTS



NIHI'



PEPPERS



НОММАНОММА'



ACAI



**YAAKNI'
BISSA'**



WATER



OKA'



SUGAR SNAP PEAS



**BALA'
CHAMPOLI'**



SPROUTS



BALA' HOLHFO'



BUCKWHEAT



TILI'KO' LAKNA'



LENTILS



BALA'



LUNCH



**TABOOKOLI'
IMPA'**



BREAKFAST



NITTAKI'
IMPA'



DINNER



**OKBYAKA'
IMPA'**



SNACK



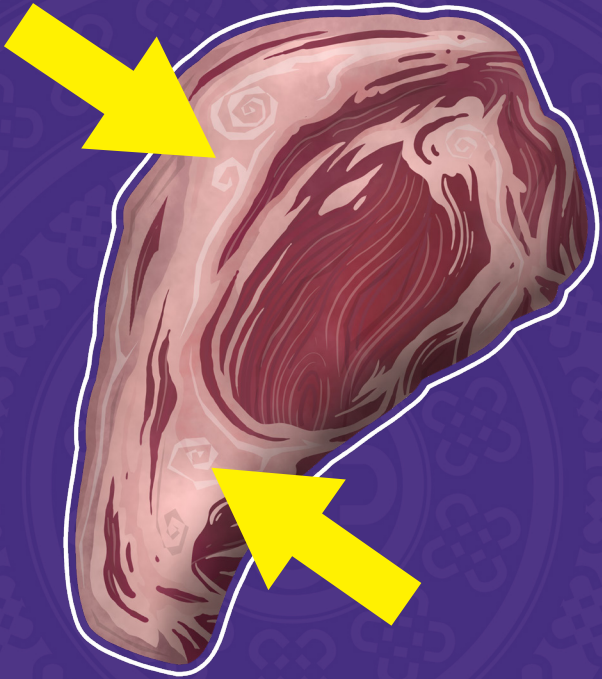
IMPA'



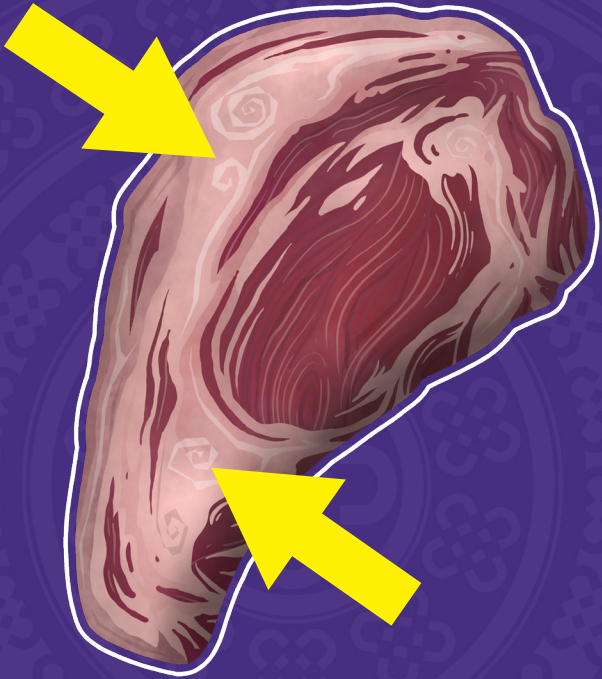
SEA SALT



**OKHATA'
HAPI'**



FAT



NIHA'



EAT



IMPA



MEALTIME



NANNA IMPA